

Parent Comments

"I understand how my children feel and understand their behaviour better."

"My husband now understands our child's behaviour more and we work together to resolve situations calmly."

"I am able to enjoy my children more, and realise that I am doing a good job."

"As a family we have far less argumentative behaviour, life is far calmer."

"I am more confident as a parent and a person."

"This was a lovely relaxing environment to explore relationships and has given me hope for the future."



Key facts

- The programme is open to parents/carers of children aged 4-11.
- We focus on building positive relationships within families.
- It is a 2 hour a week course running for 10 weeks every Tuesday from 9am to 11am (term time only). Start date is 7th January 2020 and final session is 17th March 2020.
- The group is completely free of charge and places are filled on a first come first served basis.

Tenterden Primary Federation



Understanding Your Child's Behaviour



A Solihull Approach Group focusing on building positive and responsive relationships between parents/carers and their children.

What is the aim?

To increase confidence and self-esteem in both parent and child

To increase parents' understanding of the different stages of development and learning

To provide parents with a strategy to repair situations when things go wrong

To meet other parents with children of a similar age

What does it involve?

Exploring feelings

Parenting styles

What is being communicated through behaviour?

Sleep and anger

Developmental needs

How to recover when things go wrong

Having fun together

If interested in joining the Group, or to find out more, please return the completed form to Sonya Sault at Tenterden Infant and Junior Schools

Understanding your child's behaviour

Name of child and class:

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Parent/Carer's name:

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Tel No: