

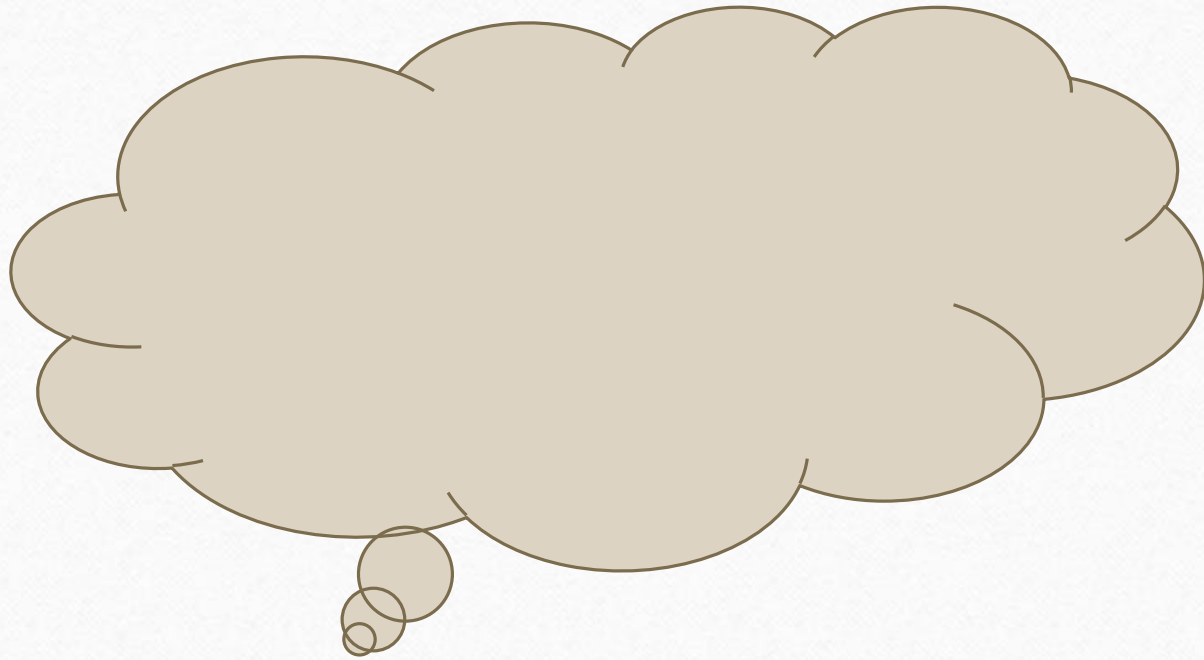
Nurture

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Tenterden Primary Federation

What does the word Nurture mean to you?

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# Definition of Nurture

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To care for and protect (someone or something) while they are growing.



# Who or what needs Nurture?

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- All living things require Nurture in order for them to grow, develop and reach their full potential.
- Humans, animals, pets and plants all need loving care and protection in order to help them flourish and be the best they can be.



# What does being nurtured look or feel like?



# We are working towards becoming a Nurturing School.

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- At Tenterden Infant and Junior School our aim is to be a Nurturing school, where all pupils, staff, parents and visitors feel happy, safe, valued and cared for.



# What makes a Nurturing school?

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- A Nurturing school is based on the understanding and application of 6 key Nurturing Principles.
- We will be asking for your help with developing these in school.

# 1. Children's learning is understood developmentally.

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- We all develop at different times, in learning, socially, emotionally and behaviourally and that is ok.
- We want everyone to feel valued, accepted and included regardless of your age and stage of development.
- Adults will understand you and respond to you at your level.



## 2. The classroom offers a safe base.

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- Our classroom is somewhere that we feel happy, safe and valued.
- We have routines, structure and boundaries.
- Adults and children work together and support each other.
- We have spaces we can go to, people we can talk to and things we can do if we feel upset, sad or anxious.



### 3. The importance of nurture for the development of wellbeing

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- When we feel happy, included, valued and safe we feel good!
- Being in a nurturing environment helps us to develop confidence and we are then able to learn and develop new skills.



## 4. Language is a vital means of communication

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- It is good to talk!
- Sometimes we can find it tricky to talk about our feelings and emotions, especially when we are feeling upset, angry or worried.
- At these times we need to use our ‘Zones of Regulation’ to help us show others how we are feeling.
- The Zones give us the tools to think, reflect and communicate our feelings calmly and effectively.



# 5. All behaviour is communication

- We can usually tell how someone is feeling by looking at their facial expressions as well as at their physical actions.
- How they look and act is a way of communicating how they are feeling inside, especially during extremely emotional times.
- Adults will recognise this and help you to regulate your emotions using ‘Zones of Regulation’.



## 6. The importance of transition in children's lives.

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- Sometimes change can make us feel, anxious, nervous or excited!
- At these times adults can help by preparing us for the change.
- They can talk about the changes with us, show us pictures of what is going to happen, who is going to be there, and where and when these changes will occur.



Together, we are on the road to becoming a  
Nurturing School!

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