

# Hindu Dharma

- Find out about how Hindus show their faith within their families.
- Learn that 'Hindu Dharma' is incredibly diverse as a whole way of life rather than a set of beliefs.
- Find out about the objects involved in puja at home and at the mandir; murtis, family shrine, statues and pictures of deities, puja tray including incense, fruit, bells, flowers, candles;
- Explore Hindu ideas about the four aims of life (punusharthas) dharma: religious or moral duty; artha: economic development, providing for family and society by honest means; kama: regulated enjoyment of the pleasures and beauty of life; moksha: liberation from the cycle of birth and rebirth; reincarnation.
- Explore what Hindus do to show their tradition within their faith
- Find out about moral aims for others and moral aims for self; karma and dharma.



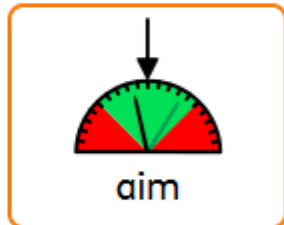
settle



Britain



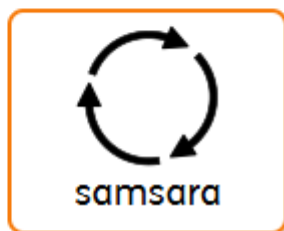
puja



aim



duty



samsara



What does it mean to be a Hindu in Britain today?