Knowledge Organiser
Dance Year 6

Get Set 4 Education

About this Unit

This unit is inspired by lots of different themes. Here are some that you may explore...

STAMP, CLAP

Choreographers (people who make up dances) sometimes don't perform to music.

Dance groups all over the world use everyday items such as brooms, bin lids and basketballs, as well as their own bodies as their stimulus to choreograph dance.

In this theme, you will be choreographing a dance and creating the music yourselves using your bodies.

Bhangra Dance

Bhangra is the traditional dance of Punjab in India. It originated with farmers as a folk dance celebrating the time of the harvest. Bhangra is traditionally danced to the dhol drum and has a very energetic and lively tone. It is often danced in circles and uses a lot of arm and shoulder movement.

Contemporary

Developed during the mid-twentieth century and has since grown to become one of the most popular genres for formally trained dancers throughout the world.

Contemporary dance is all about self-expression, storytelling, and interpretation. Contemporary dancers have freedom of movement, allowing their bodies to freely express feelings, characters and events.

1970s Disco

- Disco first appeared in the early 1970s in the clubs of New York.
- Flared trousers, wildly-patterned shirts and colourful scarves were popular items of clothes to wear to the disco.
- Disco dance actions involve twists, turns, kicks and lots of struts to the disco beats.

Key Vocabulary

action: the movement a performer uses e.g. travel, jump, kick
aesthetic: how a performance or skill looks
choreography: the sequence of actions or movements
dynamics: how an action is performed e.g. quickly, slowly, gently
express: make suggestions
formation: where performers are in the space in relation to others
freeze frame: when performers create an image without movement
inspiration: to take ideas from
mood: a state of feeling
motif: a movement phrase that relates to the stimulus that is repeated and developed throughout the dance
phrase: a short sequence of linked movements
pose: a position, usually still
refine: to improve the quality
rehearse: to practise
stimulus: something that creates ideas
structure: the way in which a dance is ordered or organised
style: the type of dance
transition: moving from one action or position to another

Ladder Knowledge

Actions:

Actions can be improved with consideration to extension, shape and recognition of intent. Remember what you are trying to tell the audience when choosing your actions.

Dynamics:

Selecting a variety of dynamics in your performance can help to take the audience on a journey through your dance idea.

Space and relationships:

Combining space and relationships with a prop can help you to express your dance idea.

Movement Skills

- actions
- dynamics
- space
- relationships

This unit will also help you to develop other important skills.

Social – share ideas, collaboration, support, communication, inclusion, respect, leadership

Emotional – confidence, self-regulation, perseverance, determination, integrity, empathy

Thinking – creativity, observation, provide feedback, comprehension, use feedback to improve, select and apply skill

Strategies

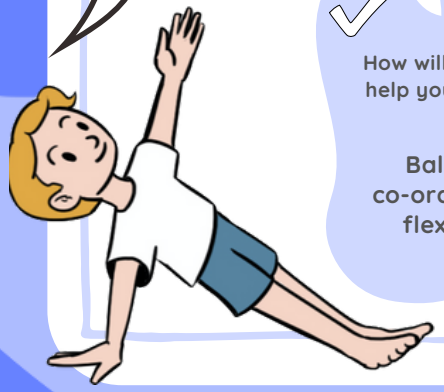
A leader can ensure your dance group performs together.
Keep in character throughout your performance, it will help you to express an atmosphere or mood that can be interpreted by the audience.

Healthy Participation

You should be bare foot for dance.

Ensure you always work in your own safe space when working independently.

If you enjoy this unit why not see if there is a dance club in your local area.



How will this unit help your body?

Balance, co-ordination, flexibility.

Home Learning

Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk

Word Dance

What you need: a book or magazine

How to play:

- Open a random page and find 10 action and describing words.
- Create an action or movement for each word.
- Sequence the movements together to create a dance.
- Share your dance with somebody, add music if you would like.

Use a variety of space and levels to make your dance look interesting.

www.getset4education.co.uk

Head to our youtube channel to watch the skills videos for this unit. @getset4education136