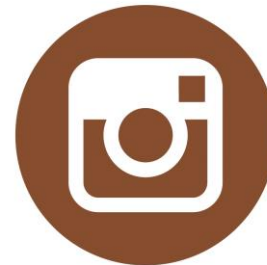
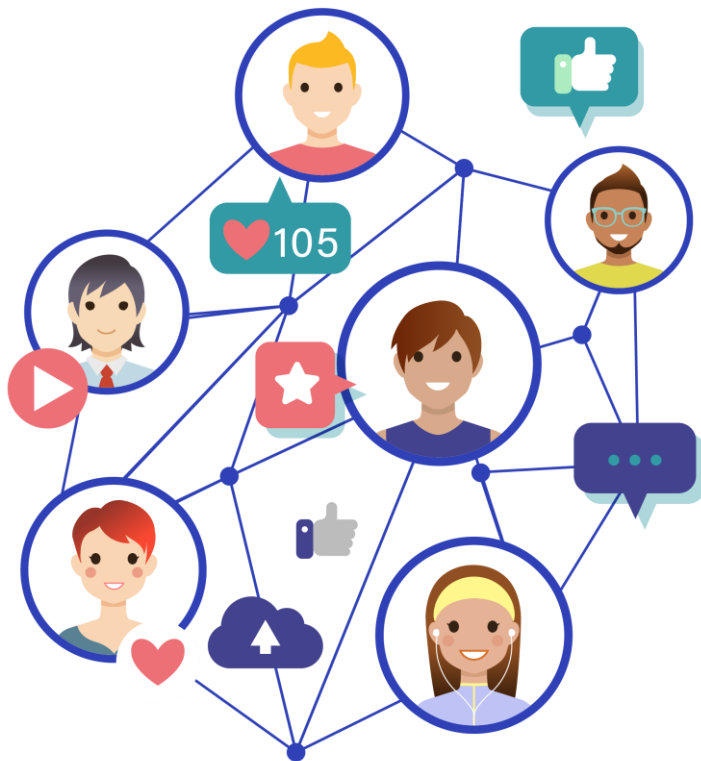




Keeping your Digital
Footprint Safe

Social media





Social media

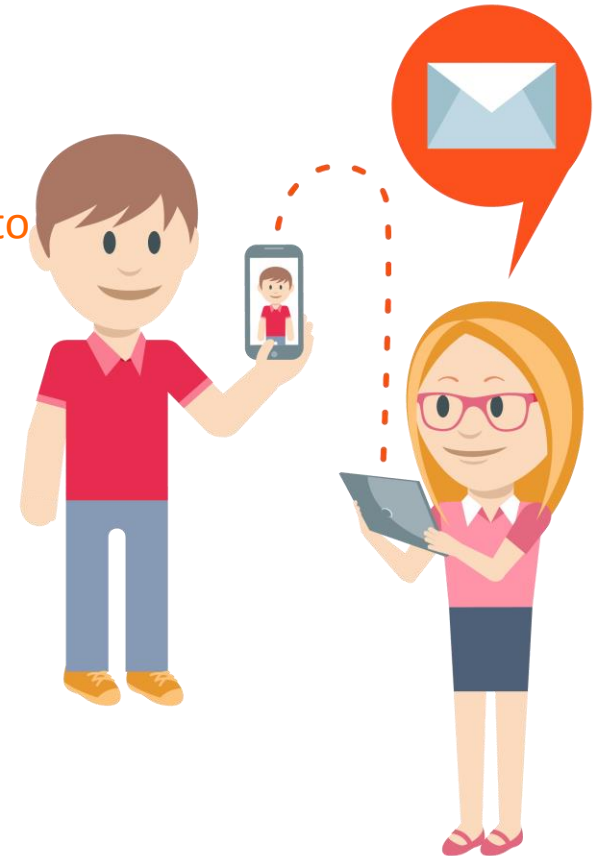
- **Remember:** you should be 13+ to have social media accounts.
- **Good for:** Keeping in touch with people, sharing pictures and videos.
- **DO:** Keep your privacy settings to friends only
- **DON'T:** give address, post photos you wouldn't want your family to see, locations on photos, mobile number, school, or pictures of your school uniform with logo

Email



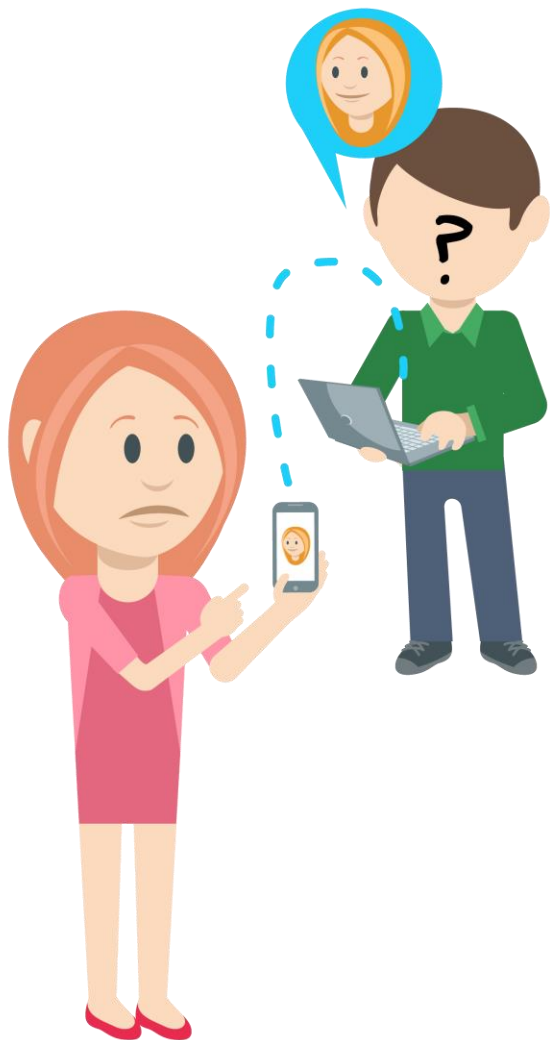
Email

- **NEVER OPEN** an email from someone you don't know. It could contain viruses, scams, or access to your computer
- **DELETE** emails from people you don't know
- **NEVER GIVE OUT PERSONAL INFORMATION** to people you don't know
- **NEVER SEND PHOTOGRAPHS** to anyone you don't know personally
- Treat people as you would like to be treated (rude or bullying emails can last forever on your digital footprint)



Online chatting and chat rooms





Online chatting and chat rooms

- **NEVER GIVE OUT PERSONAL INFORMATION** (name, address or school). If someone asks you for personal information, tell a trusted adult.
- **NEVER ARRANGE TO MEET SOMEONE** you have only met online. People may not be who they say they are...

Instant messaging and messaging apps



Instant messaging and messaging apps

- A way to chat privately with friends and family
- You can use webcams or FaceTime to see the other person
- You have a contacts list
- **BLOCK** anyone you don't know who adds you to their contacts list
- **NEVER GIVE OUT PERSONAL INFORMATION** (name, address or school)
- **AVOID** using a photo of yourself on your profile
- **NEVER USE A WEBCAM** with people you don't know



File sharing



File sharing



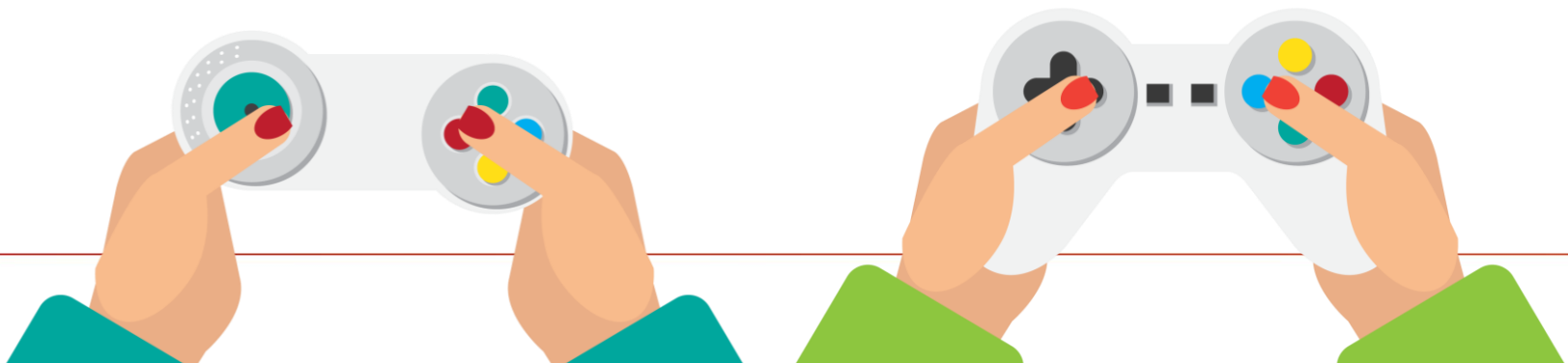
- File sharing is not a good way of downloading music or films
- Files could contain viruses or nasty images
- Many files are illegally downloaded films or music (piracy)
- You can try YouTube, but ask a trusted adult first
- If you want new music or videos, it's better to get them from a reputable site where you can pay for content.
- Ask an adult to help you share files legally

Online gaming



Online gaming

- You can play online games with lots of people, even people all around the world
- You can make new gaming friends and chat to people
- **ALWAYS** play games that are suitable for your age
- **ALWAYS** use a nickname and **NEVER** give personal information
- **REMEMBER** it is just a game, so behave in a sporting way
- **DON'T** cheat, be nasty or upset anyone so you can win



How to report

- Tell a trusted adult
- Save messages
- Childline/CEOP (logos)

www.ceop.police.uk/ceop-report





OUT OF YOUR...

HANDS!