



Tenterden, St Michael's and Smallhythe
www.tenterdencofe.co.uk

DAILY BULLETIN
Wednesday 25th March 2020

Welcome!

Good morning and welcome to our eighth bulletin. With the news of an almost complete lockdown last night, we recognise that these are especially difficult times. We also know that among our readership are many facing 12 weeks of isolation. Here at the Corona Bunker we will do all we can to help and support you all in the days and weeks ahead. We have had some fantastic material to cheer you, reassure you and help to pass the time. We will share some of that today. (If your contribution doesn't appear today don't take it personally – we have had lots of wonderful stuff and we hope to get to you in due course).

Oh, and we have had some feedback about the volume of the services. Some of you have been having difficulty hearing. Given the facilities we have, we have everything as loud as we can make it. Do check your device at home. From today we will be broadcasting from new premises, so that might make a difference.

Today's Service and Readings

Morning Prayer: Psalm 113; 1 Samuel 2: 1 -10; Romans 5: 12 - 21.

Evening Prayer: Psalm 131; Isaiah 52: 1 - 12; Hebrews 2: 5 - 18.

Who Knew You Could Do So Much in Isolation!

We have some more wonderful ideas!

First of all, an apology for our typo (you will get used to them!).

Ghinda has asked us to point out that a ukulele is IN-expensive not expensive (see yesterday's bulletin)!

Robert has sent the this:

“To me, there is only one major pastime at present and that is gardening. As a rule, I am an impatient chap, but I am forcing myself to weed and dig the garden in small sections, thereby, enjoying more and, hopefully, not over doing it in the back department.”

Jenny shared this idea:

“The one thing I really am insisting I do is play a CD each day. I halved them when I moved and was thinking of getting rid of them, lots of classical music, but it is quite amazing what I have saved. Spotify is on hold for now!”

Tara had this idea:

“Graham and I have been playing the Trivial Pursuit board game over FaceTime with our friends and also doing the word puzzles from the newspaper with Graham’s mum in the same way. I’m sure there are many games that could be adapted to be played like this.”

Finally, we all know exercise is important and Joy has this advice for all ages:

“I am no fitness fanatic, but realise that exercise is important. I’m sure some of us are missing our health walks, Pilates and Zumba classes, as well as just being able to walk around the town freely. I heard about Joe Wicks and his PE lessons for schoolchildren at home, so I logged in and tried one. Sadly, I realised that I am a bit older than schoolchildren and their parents, and found the exercises too demanding! However, I discovered that the amazing Joe is doing a ten minute “Home Workout for Seniors” which is quite a bit of work but manageable and I feel better for doing it. For people with limited mobility there is a ten minute,” Home Chair Workout for Seniors.”

It is important we keep healthy in body, as well as in mind and spirit, so log in, go with Joe and have fun!

Yesterday's Challenges

Here we have the answers to yesterday's quiz:

1.Rain 2.2 3.They all do 4.Noah 5.bananas 6.A fish 7.7 8.e 9.Jesus
10.Octopus.

How did you do? One of us – who shall remain nameless scored 9 – with number 6 being the wrong answer. That person needs to eat more Chinese food!

Music Requests



We begin and end most of our services with some music – but it would be lovely to play what you would like. We have access to a wide range of music and are happy to play anything suitable. Sacred, classical, hymns... so please do let us know if you would like something in particular.

Family Food Bank

The Foodbank is desperate for donations. With schools closed for an extended period many families are now struggling to feed themselves. Our parish team have delivered about 20 parcels in the last week – a steep increase in what is usually required. The Foodbank reports that demand is outstripping supply. Can you help?

We will leave the porch at St Mildred's unlocked and put the Food Bank box there. So, if your daily exercise takes you past the church and you happen to have a tin of beans (or anything else) in your pocket, just pop it in. If you can text Lindsay or Jeanette (numbers below) to say you've put something in, we'll make sure that it is safely secured.

You can also donate money directly to the following bank account:

Family Food Bank, A/C 23659130 Sort Code 60-19-04

or by cheque to

Family Food Bank, FareShare,

Unit 4

St John's Court, Ashford Business Park,

Foster Road, Ashford, Kent TN24 OSJ.

Children's Resources

With the children at home now, they need so much to do!

So, firstly how about the Joe Wicks workouts mentioned above?

Secondly, we recommend the resources from St. Martin and St Paul Parish in Canterbury. Prepared by a specialist in children's ministry, these resources can keep the children entertained for hours. The link to the site is <https://www.martinpaul.org/holidayclub.htm>.

Services

Sadly, Compline last night was the final service we are allowed to do from inside a church for the time being. Currently we are not allowed to go into the churches ourselves. We will still however maintain our daily services as this is actively encouraged by the Church. They will be from home locations instead. An airing cupboard is not quite as spacious as St Mildred's, but it will do. This will bring a new meaning to sheet music.

Like us, the church recognises what an important part of our new daily routines these services are. We also of course have some significant Holy Week and Easter festivals coming up which we intend to bring to you.

Services will therefore continue to be available by clicking on this link to the website. <https://www.tenterdencofe.co.uk/listen>. Please do join us.

Compline last night was extra special – can you count how many candles were used?

Today's Prayers

Please pray for all who live in Henley Meadows, Henley Fields, Colonel Stephen's Way and Ashford Road St Michael's.

A Prayer for the Christian Community

We are not people of fear:
we are people of courage.

We are not people who protect our own safety:
we are people who protect our neighbours' safety.

We are not people of greed:
we are people of generosity.

We are your people God,
giving and loving,
wherever we are,
whatever it costs

For as long as it takes
wherever you call us.

Barbara Glasson, President of the Methodist Conference

Contacts

Our list of contacts begins with the new Helping in Tenterden number. If you need essential shopping items or prescriptions, simply ring 01580 761060 and someone will speak to you. The line is open from 8am until 2pm each day. Outside those hours you can leave a message and someone will get back to you.

Here are other contact details:

Lindsay Hammond:

01580 761591 / 07805 840493 / tentvic@gmail.com

Jeanette Kennett:

01580 388352/ 07888 998874 caulkhead7@talktalk.net

Cris Descher:

07920 484637 / christine@descher.com

Karen Edgar:

01580 765414/ 07546 483376 / kass.edgar2018@gmail.com

Irene Bassett:

07743 093075 / mrsjsb46@btinternet.com

Coming Up Tomorrow

A day in the life...With everything changing, what does your day look like? We will give you an insight to ours...

Please Remember

Keep Safe, Keep Praying, Keep Connected!