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*Achieve*

*Believe*

*Care*

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## Tenterden Church of England Junior School Sex and Relationship Education Policy

**Policy approved November 2016**

**Review due: November 2018**

### **Description of Tenterden Church of England Junior School**

The school draws children from Tenterden and the surrounding villages and from a wide range of social backgrounds. There are very few children from ethnic minorities and a high majority come from homes with a Christian background.

### **Governing Body's Responsibility**

The Governing Body is responsible for deciding whether sex education should form part of the curriculum of the School and, if it is, how it is taught.

### **Our S.R.E aims to ensure that all pupils:**

- Develop confidence in talking, listening and thinking about feelings and relationships
- Are able to name parts of the body and describe how their bodies work
- Can protect themselves and ask for help and support
- Are prepared for puberty

(OfSTED Sex and Relationships page 3 section 12)

### **Our aims for teaching and learning**

Our teaching and learning will focus on promoting positive attitudes, empathy for others and the ability to make informed decisions to keep safe and healthy. It aims to develop each child's self-esteem so they feel confident and able to understand and comment on SRE issues.

It aims to teach our children to use the correct terminology when referring to: their body, growing up and puberty, friendships and reproduction.

Our SRE curriculum aims to provide boys and girls with a working knowledge about how their bodies change. It aims to promote positive body awareness, keeping safe and respect for all, promoting equal opportunities.

### **Themes to be covered**

- Physical Changes
- Emotions / Feelings
- Relationships
- Menstruation
- Personal Rights and Responsibilities

For each Year Group there are specific SRE areas to be covered within each Theme, (Appendix 1).

### **How SRE will be taught**

The above Themes will be taught as part of the PSHCE (Personal, Social and Health and Citizenship Education) curriculum and the Science curriculum that focuses on: 'providing pupils with the background knowledge and skills they need to develop their own balanced lifestyle and to carry that healthy lifestyle through to adulthood'. Our SRE explores 'physical, emotional and social aspects of health issues'. We will select resources from the schemes:

- Health - Developing Awareness of Health and Personal Development. There are 4 books, one for each year group that contain informative, interesting activities that covers work in the above 5 Themes.
- The channel 4 series 'Living and Growing'. There are 3 unit books that contain child friendly lively resources for each age band: 5-7, 7-9 and 9-11. The series also has 3 supporting DVD programmes for each unit, each programme has specific chapters that can be chosen to support SRE teaching and learning.

The SRE sessions will be planned and organised by class teachers and will be delivered as part of a topic. Class teachers will ensure that the positive code of conduct for respect and sensitivity is maintained throughout SRE sessions.

For Years 5 and 6 there will be a focus talk on puberty and menstruation. When possible the School Nurse will undertake one session. Presently the School Nurse delivers the Puberty Talk in Year 5. The Puberty Talk will be followed up in Year 6 by the teaching staff. Each talk has supporting DVD material. SRE work aims to prepare children for the puberty talk and gives children the opportunity to discuss further some of the issues raised. Where appropriate sessions will be run separately for boys and girls, this is to cover some areas in more depth, and give children opportunities to ask pertinent questions to their gender.

Teachers should feel able to answer children's questions in a sensitive manner and to discuss subjects appropriate to the group of children. Ground rules will be clear before the start of discussions. If a child asks a question that is not covered in one of the 5 Themes the teacher will suggest that the child asks their parent/carer at home, '*because our curriculum does not cover that topic*'.

The class teacher will ensure that there is a safe atmosphere of trust and respect so children feel confident to listen, discuss and respond to topics being discussed. The majority of the work will be discussion based. If written activities are used these will be kept in PSHE files and Science books.

### **Moral and Values Framework**

Teachers will make children aware of the role of the media effecting attitudes where appropriate in their scheme of work. The work in Year 5 and 6 is set within a framework of discussion focusing on loving family relationships, the need for stability and acceptance of responsibility.

### **Working with Parents/Carers**

Parents will have the opportunity to see any teaching material used. It is proposed that some SRE worksheets will be used for specific SRE homework to enable parents/ carers can discuss and support SRE issues at home. Comments and feedback from parents and the children will be welcomed in order to better match our children's needs.

### **Withdrawal**

Although not expected with this level of sex education, there may be parents/carers who wish to withdraw their Year 5 or 6 children from the Puberty and Menstruation discussion and the showing of the DVD. The letter to Year 5 and 6 parents states their rights to do so, but encourages them first to see the DVD, (Appendix 2).

### **Policy Monitoring and Evaluation**

As with all other aspects of the curriculum, Sex Relationship Education teaching will be monitored at the end of each year in which the evaluations made by teachers, parents and children will form part of the updating cycle. The Headteacher will report regularly to the Governing Body. The Governing Body will formally review the policy earlier if it is considered necessary, following consultation with the teaching staff.

**Adopted: November 2016**  
**Chair of Governing Body**  
**Date**

**Review:**

## Appendix 2

Dear Parents/Carers

In accordance with our Sex Education Curriculum, Year 5/Year 6 will be having their growing up talk on \_\_\_\_\_ to discuss menstruation and puberty with their class teacher.

Part of the session will involve girls and boys dividing into separate groups so they feel confident to raise any questions.

To support the talk we use a channel 4 DVD 'Living and Growing' and 'Growing up a Guide to Puberty'. You will have the opportunity to view these DVD's and discuss any issues with the school nurse and class teacher on \_\_\_\_\_ in the school hall. The DVD will be played at \_\_\_\_\_.

If you would prefer your child to be excluded from this talk please notify the class teacher in writing. If you would like further details please do not hesitate to contact me.

Yours sincerely